



Women services



CLASSIC MASSAGES

GENERAL CLASSIC MASSAGE

A traditional massage technique to relax the entire body and improve circulation

400 aed 60 min

THERAPEUTIC MASSAGE

Focuses on healing specific health issues and enhancing well-being

450 aed 60 min

1 course
10 sessions

4 300 aed

Half course
5 sessions

2 150 aed

LYMPHATIC DRAINAGE MASSAGE

Helps detoxify the body by stimulating the movement of lymph fluids around the body

450 aed 60 min

POSTNATAL BODY CORRECTION (YOLI SIGNATURE)

Tailored body sculpting services for postpartum women, available only after approval from a healthcare provider

480 aed 60 min

1 course
10 sessions

4 600 aed

Half course
5 sessions

2 300 aed

ANTI-CELLULITE MASSAGE

Targets cellulite reduction and improves skin tone and texture

370 aed 60 min

PRENATAL MASSAGE (FROM THE 12TH WEEK)

Specially designed for pregnant women, provided there is approval from a healthcare provider

400 aed 60 min

RELAXATION MASSAGE

A gentle massage to soothe the mind and reduce stress

350 aed 60 min

All prices are exclusive of 5% VAT

CLASSIC TREATMENTS

CEDAR PHYTO BARREL

Relax in the warmth of our Cedar Phyto Barrel, which enhances detoxification and improves overall circulation, leaving you feeling revitalized

200 aed 30 min

KESE GLOVE PEELING

Revitalise your skin with our Kese glove peeling that sloughs off dead skin cells, revealing a smoother and more radiant complexion

220 aed 30 min

SCRUBBING (SALT-SUGAR-COFFEE)

Select from our premium salt, sugar, or coffee scrubs that exfoliate gently, hydrating and refreshing your skin to restore a youthful glow

280 aed 30 min

WRAPS

ITALIAN AROSHA BANDAGE WRAP

A firming and toning wrap, ideal for improving skin texture

700 aed 80 min

CHOCOLATE WRAP

Utilizes the antioxidant properties of chocolate for skin nourishment

400 aed 80 min

ANTI-AGE WRAP

Designed to combat signs of aging and rejuvenate the skin

400 aed 80 min

BODY SCULPTING WRAP

Shapes and contours the body, enhancing silhouette

400 aed 80 min

HOT/COLD WRAP

Uses temperature to soothe and revitalize the skin

400 aed 80 min

SILHOUETTE WRAP (INCLUDES CEDAR BARREL, SCRUB)

A comprehensive treatment for overall body contouring and relaxation

1 100 aed 90 min

All prices are exclusive of 5% VAT

Yoli Spa Packages

SPECIAL PROGRAMS

«SLIM BODY BY YOLI»

Targeted to firm, tone, and enhance skin clarity, this comprehensive treatment is ideal for achieving a sleeker silhouette and rejuvenated skin

1 150 aed 145 min

STEPS	Invigorating phyto steam therapy	Luxurious body scrub	Energising shower	Anti-cellulite thermal wrap	Quick refreshing shower	Silhouette massage
	20 min	20 min	10 min	30 min	10 min	55 min

Complimentary selection of herbal teas for a calming finish

«WEEKEND FOR MOMS»

A sanctuary of relaxation tailored for moms, this package offers therapeutic treatments that soothe, beautify, and restore vitality

900 aed 145 min

STEPS	Calming phyto steam session	Nourishing herbal scrub	Quick rinse shower	Full body relaxation massage	Rejuvenating facial massage
	20 min	30 min	10 min	55 min	30 min

Your choice of our signature teas or finely crafted coffees

«YOLI RITUAL»

This ritual harmonises body and mind with luxurious care routines that incorporate aromatic essential oils and specialised massages

950 aed 150 min

STEPS	Aromatic herbal steam therapy	Comprehensive body peeling	Refreshing shower	Full body relax massage	Soothing head massage	Delicate facial massage
	20 min	30 min	10 min	50 min	20 min	20 min

Enjoy our custom-blended herbal teas for a perfect end to your session

All prices are exclusive of 5% VAT

«RADIANCE BY YOLI»

Crafted for those special moments, this ritual not only beautifies but also instills a deep sense of inner peace and radiance.

1 500 aed 145 min

STEPS	Phyto barrel	Gentle exfoliating scrub	Shower	Skin tightening bandage wrap	Therapeutic full body massage
	20 min	20 min	10 min	35 min	60 min

Enjoy our custom-blended herbal teas for a perfect end to your session

«CHOCOLATE MOOD»

Surrender to the indulgence of chocolate with this unique spa experience that tones, hydrates, and revitalises your body

1 050 aed 155 min

STEPS	Phyto barrel	Stimulating coffee scrub	Shower	Nourishing Chocolate wrap	Final rinse shower	Classic/relaxation massage
	20 min	30 min	10 min	30 min	10 min	55 min

End your visit with a specialty tea or crafted coffee, infused with herbs of your choice

LUX TREATMENT PACKAGE

OPTION 1 750 aed

STEPS	Phyto barrel	Scrubbing	Massage (classic/relax)
	20 min	30 min	60 min

OPTION 2 750 aed

STEPS	Foot bath	Scrubbing	Massage (classic/prenatal)
	20 min	30 min	60 min

OPTION 3 750 aed

STEPS	Phyto barrel	Kese Glove peeling	Massage (classic)
	20 min	30 min	60 min

TAPE - 80 aed

All prices are exclusive of 5% VAT

TARGETED AREA MASSAGES

MYOFASCIAL FACE MASSAGE

Releases facial tension and improves skin elasticity

350 aed 50 min

DEEP TISSUE FACIAL MASSAGE

Focuses on deeper layers of facial muscles for rejuvenation

220 aed 30 min

CLASSIC FACIAL MASSAGE

A gentle massage to promote relaxation and enhance skin glow

250 aed 45 min

HEAD MASSAGE

Relieves tension in the head

150 aed 20 min

BACK MASSAGE

Targets back pain and stiffness

250 aed 30 min

CORRECTIVE MASSAGE OF NECK COLLAR ZONE

Relieves tension and improves posture

200 aed 30 min

LEG MASSAGE

Alleviates muscle soreness and improves circulation in the legs

250 aed 30 min

FOOT MASSAGE WITH BATH

Reflexology through foot massage for your posture and relieve back pain

270 aed 45 min

ANTI-CELLULITE (LEGS + ABDOMEN)

A focused massage to reduce cellulite in targeted areas

280 aed 40 min

All prices are exclusive of 5% VAT